



**BENCH TO  
BEDSIDE**  
LUTS & ED

September 06-08, 2019  
Ionian Blue Hotel  
Lefkada Island, Greece



## FRIDAY, SEPTEMBER 6

Time	Session/Lecture	Speaker(s)
16:00-17:00	<b>Registration</b> Welcome Message	<b>JJMC de la Rosette</b> General Secretary of the Société Internationale d'Urologie (SIU)  <b>I. Gialas</b> President of the Hellenic Urological Association (HUA)
17:00-19:00	<b>BPO and OAB</b>	<b>Co-chairs:</b> <b>I. Gialas, A. Papatsoris</b>
17:00-17:15	Learning Objectives of a Different Meeting	S. Gravas
17:15-17:30	Cutting Edge Research in LUTS: Where are we going?	V. Sakkalis
17:30-17:45	Metabolic Syndrome and LUTS	M. Gacci
17:45-18:00	Assessment of LUTS: Does sex make the difference?	A. Oikonomou
18:00-18:15	What Urologists Want from GPs	C. Tountziaris
18:15-18:30	What GPs Want from Urologists,	S. Skliros
18:30-19:00	Discussion	
19:00-21:00	<b>A Glimpse in the Future</b>	<b>Co-chairs</b> <b>JJMCH de la Rosette, S. Gravas</b>
19:00-19:20	SIU Lecture: SIU Scholarships and Training Programs	P. Laguna
19:20-19:40	e-Volution in Education	JJMCH de la Rosette
19:40-20:00	e-Health	K. Dimitropoulos
20:00-20:20	The Example of MyBPHcare	S. Gravas
20:20-21:00	Discussion	

## SATURDAY, SEPTEMBER 7

Time	Session/Lecture	Speaker(s)
09:00-11:00	<b>Challenges and Advances in LUTS</b>	<b>Co-chairs: A. Athanasopoulos, P. Sidiropoulos</b>
09:00-09:15	UPSTREAM: What does it tell us?	Ch. Konstantinidis
09:15-09:30	Inflammation As a Potential Target for Treatment of LUTS	M. Samarinas
09:30-09:45	Does multifactorial etiology mean multi-therapy: The new combinations	A. Papatsoris
09:45-10:00	Sexual Adverse Events of Medical Therapies: Where is the truth?	A. Dellis
10:00-10:15	Challenges in Nocturia	A. Athanasopoulos
10:15-10:30	OAB in the Elderly: Decisions and Considerations	I. Tsimaris
10:30-11:00	Discussion	
<b>11:00-11:15</b>	<b>Coffee Break</b>	
11:15-13:00	<b>Sponsored Lectures</b>	
13:00-14:30	<b>Workshop: The Difficult Catheterization for GPs and Medical Students</b>	<b>Panel: I. Asouhidou, A. Karatzas, M. Samarinas</b>
13:00-13:10	Anatomy of the Urethra	I. Asouhidou
13:10-13:20	Do We Need Antibiotics?	M. Samarinas
13:20-13:30	Types of Catheters	A. Karatzas
13:30-14:30	Practice in Models - Tips and Tricks	
<b>14:30-17:00</b>	<b>Break</b>	
17:00-20:30	<b>Invasive Treatment of BPO</b>	
17:00-18:15	Video session Presentation of m/bTURP, Green Light Laser, Holmium Enucleation of the Prostate, Bipolar Enucleation of the Prostate, Aquablation/Rezum, Laparoscopic Simple Prostatectomy, Stents	JJMCH de la Rosette, K. Dimitropoulos, M. Gacci, M. Karavitakis, G. Raptidis, V. Sakkalis, K. Stravodimos, SIU speaker (TBC)
18:15 -18:45	Discussion - How to select?	
18:45-19:15	Debate: Early vs Late surgical treatment of BPO - Early - Late	K. Skriapas P. Sountoulidis
19:15-19:30	Preservation of Ejaculation: Is that feasible?	M. Karavitakis
19:30-19:45	DOACS and BPO surgery: What to do?	K. Dimitropoulos
19:45-20:00	How to Manage Post-TURP LUTS	P. Sidiropoulos
20:00-20:30	Discussion	
20:30-21:00	<b>Sponsored Lecture</b>	

## SUNDAY, SEPTEMBER 8

Time	Session/Lecture	Speaker(s)
09:00-11:00	<b>Advances and challenges in Erectile Dysfunction (ED)</b>	<b>Co-chairs: M. Gacci, Ch. Konstantinidis</b>
09:00-09:15	Metabolic Syndrome and Cardiovascular disease in ED	K. Vlachopoulos
09:15-09:30	Assessment of ED	A. Zachariou
09:30-09:50	New Drugs for the Treatment of ED	K. Giannitsas
09:50-10:10	Treating ED with Extracorporeal ShockWaves (incl. video)	K. Rokkas
10:10-10:30	What is new in prosthesis for ED (incl. video)	K. Hatzimouratidis
10:30-11:00	Discussion	
<b>11:00-11:15</b>	<b>Coffee Break</b>	
11:15-12:30	<b>Peyronie's Disease:</b>	<b>Co-Chairs: K. Hatzimouratidis, P. Sountoulidis</b>
11:15-11:30	Epidemiology – Etiology	K. Makarounis
11:30-11:45	Medical Therapies	G. Kousournas
11:45-12:00	Surgical Therapies	A. Karatzas
12:00-12:15	Emerging Therapies	V. Protogerou
12:15-12:30	Discussion	
12:30-14:30	<b>Workshop: Injections for the Management of ED and Peyronie's Disease</b>	<b>Panel I. Asouhidou, A. Paschalidis, K. Makarounis, V Protogerou</b>
12:30-12:35	Anatomy of the Penis	I. Asouhidou
12:35-12:50	Available Injectables for ED and Peyronie's	K. Makarounis – V. Protogerou
12:50-13:05	Complication of injections	A. Paschalidis
13:05-14:30	Practice in Models - Tips and Tricks Different models for intracavernosal and intralesional injections	All

## **Faculty**

**Asouhidou, Irene**, Anesthesiologist, Assist. Prof. of Anatomy, Aristotle University of Thessaloniki

**Athanasopoulos, Anastasios**, Prof. of Urology, University of Patras

**de La Rosette, Jean JMCH**, Secretary General of SIU, Prof. of Urology, Medipol University, Istanbul, Turkey

**Dellis, Athanasios**, Assoc. Prof. of Urology, University of Athens

**Dimitropoulos, Konstantinos**, Consultant Urological Surgeon and Senior Clinical Lecturer, Academic Urology Unit, University of Aberdeen, Scotland, UK

**Gacci, Mauro**, Prof. of Urology, University of Florence, Italy

**Gialas, Ioannis**, Urologist, President of Hellenic Urological Association,

**Giannitsas, Konstantinos**, Assoc. Prof. of Urology, University of Patras

**Gravas, Stavros**, Prof. of Urology, University of Thessaly, Chair-elect of SIU Office of Education

**Hatzimouratidis, Konstantinos** Prof. of Urology, Aristotle University of Thessaloniki

**Karatzas, Anastasios**, Assist. Prof. of Urology, University of Thessaly

**Karavitakis, Markos**, Urologist, Athens

**Konstantinidis Charalampos**, Urologist, Neuro-urology Unit, National Rehabilitation Center, Athens

**Kousournas George**, Urologist, Athens

**Laguna, Pilar**, Prof. of Urology, Medipol University, Istanbul, Turkey

**Makarounis, Konstantinos**, Urologist, Athens

**Oikonomou, Athanasios**, Urologist, University Hospital of Larissa

**Papatsoris, Athanasios** Assoc. Prof. of Urology, University of Athens

**Paschalidis, Aris**, Urologist, Athens

**Protogerou, Vasileios**, Assoc. Professor, University of Athens

**Raptidis, Grigoris**, Urologist, Chairman Dept. of Urology, General Hospital of Airforce 251, Athens

**Rokkas, Konstantinos** Urologist, Athens

**Sakkalis, Vasilios** Urologist, "Agios Pavlos" General Hospital, Thessaloniki

**Samarinas, Michael** Urologist, General Hospital of Larissa

**Sidiropoulos Paris,** Chairman, Dept. of Urology, Henry Dunant Hospital Center, Athens

**Skliros, Efstathios,** General Practitioner, Director, PEDY-Health Center of Nemea

**Skriapas, Konstantinos,** Chairman of Dept of Urology, General Hospital of Larissa

**Sountoulidis, Petros** Assist. Prof. of Urology, Aristotle University of Thessaloniki

**Stravodimos, Konstantinos,** Prof. of Urology, University of Athens

**Tountziaris, Chrysovalantis,** Urologist, Thessaloniki

**Tsimaris, Ioannis,** Urologist, "G. Hatzikosta" General Hospital, Ioannina

**Vlachopoulos, Konstantinos,** Prof. of Cardiology, University of Athens

**Zachariou, Athanasios,** Urologist, Volos