

**2022 Meeting on Cardiometabolic Diseases, Obesity and
Diabetes. WG on Diabetes and Metabolic Risk Factors, European
Society Hypertension**

5-7 May 2022, Hotel Blue Lagoon Resort, Chalkidiki, Greece

**Official Satellite Symposium of Athens Hypertension 2022
meeting**

Thursday May 5

13.00-14.00 REGISTRATIONS

**14.00-15.00 ROUND TABLE: NEW INVESTIGATOR PRESENT ON
DIABETES**

Chair: **Siani A.** (Athens, Greece)

Epidemiology of DM, recent findings and future

Bougiouka P.

DM1 treatment, present and future

Sakkas D.

DM2 treatment, present and future

Ganotopoulou A.

15.00-16.30 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: **Papazoglou D.** (Alexandroupolis, Greece)

Diabetes treatment in obesity: The role of GLP1-RA

Hatziagelaki E. (Athens, Greece)

Commentators: **Kourtoglou G.** (Thessaloniki, Greece), **Siomos K.**

(Thessaloniki, Greece), **Bougiouka P.M.** (Athens, Greece)

Type 2 diabetes and heart failure

Trakatelli C. (Thessaloniki, Greece)

Commentators: **Sakkas D.** (Athens, Greece), **Vasileiou A.** (Thessaloniki, Greece), **Koutsonasios I.**

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16.30-18.00 ROUND TABLE: RESPIRATORY SYSTEM AND CVD

Chairman: **Papakosta D.** (Thessaloniki, Greece), **Kontakiotis T.** (Thessaloniki, Greece)

Obstructive Sleep apnea and cardiovascular system

Pataka A. (Thessaloniki, Greece)

Commentators: **Kotoulas S.** (Thessaloniki), **Grigoriou I.** (Thessaloniki),
Gavriilidou A.

COVID-19 and Lung Cancer

Spyratos D.

Commentators: **Ampelidou V., Panagiotidou E.**

Friday 6 May

10.00-11.00 ROUND TABLE: HOW TO TREAT?

Chairman: **Kypreos K.** (Patra, Greece)

A 67-yr-old hypertensive lady had a brain CT because of frequent headaches, which showed chronic signs of small vessel disease: should I treat with antiplatelets?

Ntaios G. (Larissa, Greece)

A 58-year patient with obesity, dyslipidemia and fatty liver disease

Sfikas G. (Thessaloniki, Greece)

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A patient with CKD and atrial fibrillation

Zarifis I. (Thessaloniki)

Possible prothrombotic causes of stroke in a 75-year-old patient with stroke

Kaiafa G. (Thessaloniki, Greece)

Commentators: **Papadakis I.** (Heraklion, Greece), **Ioakimidis Ch.**,
(Thessaloniki, Greece), **Boutari Ch.**

11.00-12.00 ROUND TABLE: HOW TO TREAT?

Chairman: **Savopoulos C.**

A 70 year old hypertensive after acute stroke

Makaritsis K. (Larissa, Greece)

HDL cholesterol levels: critical player or irrelevant bystander?

Kypreos K. (Patra, Greece)

Commentators: **Pikilidou M.** (Thessaloniki, Greece), **Markoglou N.**
(Thessaloniki, Greece), **Apostolopoulou M.** (Thessaloniki, Greece), **Styliadis
J.**

12.00-12.45 SPONSORED SATELLITE LECTURE PERRIGO

12.45-13.30 SPONSORED SATELLITE LECTURE ASTRA ZENECA

13.30-14.15 SPONSORED SATELLITE LECTURE VIATRIS

14.15-15.00 LUNCH BREAK

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**15.00-16.00 ROUND TABLE: HYPERTENSIVE AND DIABETIC
NEPHROPATHY**

Chairman: **Boletis I. MALLON**(Athens), **Papagianni A.** (Thessaloniki,
Greece)

Slowing the progression of Diabetic Kidney Disease

Liakopoulos V. (Thessaloniki, Greece)

Treatment of hyperphosphatemia and CV outcomes

Haffner D.

**Dietary protein intake and risk for end stage kidney disease in non dialysis
CKD patients**

Dounousi E.

Commentators: **Marinaki S.** (Athens, Greece), **Miari F.** (Kavala, Greece),
Roumeliotis S., Georgianos P., Vaios V., Leivaditis K.

16.00-18.00 ROUND TABLE: HOW TO TREAT HYPERTENSION

Chairman: **Manolis A.** (Greece), **Tsioufis K.** (Greece)

New Pharmacologic approach to Resistant Hypertension

Redon J. (Valencia, Spain)

SGLT- 2 as the first step in T2D therapeutic protocols?

Nilsson P. (Malmo, Sweden)

Commentators: **Triantafilidi H.** (Athens, Greece)

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A patient eligible for renal denervation

Azizi M. (Paris, France)

Commentators: **Antonopoulos S., Vagropoulos J.**

A patient with CAD and Hypertension

Grassi G. (Milan, Italy)

Commentators: **Gavra M., Nika Th., Gavriilidou I.**

Can we reduce cardiovascular risk in a smoker not willing to quit smoking?

Zimlichman R. (Tel Aviv, Israel)

Commentators: **Georgakopoulos C., Giannakopoulou A., Dimitrellos E.**

Can we treat a patient according to central BP?

Heagerty A. (UK)

Commentators: **Zaharopoulou I.**

Saturday 7 May

10.00-11.00 ROUND TABLE: CLINICAL TRIALS UPDATE

Chairman: **Vassilikos V.** (Thessaloniki, Greece),

Risk factors control beyond hypertension to reduce cardiovascular risk

Lovic D. (Nis, Serbia)

Commentators: **Papadakis I.** (Heraklion, Greece), **Ioakimidis Ch.**
(Thessaloniki)

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**Central blood pressure and obesity- results from nationwide study in
Croatia**

Jelaković B. (Zagreb, Croatia)

Commentators: **Kopras A., Kotridis P., Lidakis C.**

Importance of wide view concept in treatment of hypertension

Brguljan J. (Slovenia)

Commendators: **Lysitsas N., Kounanis A.**

11.00-13.00 LECTURES

Chair: **Kotsis V.** (Thessaloniki, Greece)

**Combination based strategy for cardiovascular prevention in patients with
hypertension**

Coca A. (Barcelona, Spain)

Commentators: **Markoglou N., Meikopoulos M.**

**Hypertension control , cardiovascular risk factors and diseases in the post
covid era**

Januszewicz A. (Warsaw, Poland)

Commentators: **Papadakis I., Papanikitas N.**

RAS inhibition and COVID

Kreutz R. (Berlin, Germany)

Commendators: **Paraskevopoulou E., Kalaitzidis P.**

How to treat a CKD patient with hyperuricemia

Borghi C. (Bologna, Italy)

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Commentators: **Stafilas P., Triantafilidi H.**

A patient with diabetes and increased arterial stiffness

Weber T. (Graz, Austria)

Commentators: **Kakafika A.** (Thessaloniki, Greece)

Renovascular hypertension

Persu A., (Brussels, Belgium)

Commentators: **Panagos Ch.** (Volos, Greece), **Geladari C.**

13.00-13.45 SPONSORED SATELLITE LECTURE MENARINI

13.45-14.30 SPONSORED SATELLITE LECTURE BOEHRINGER

14.30-15.30 SPONSORED SATELLITE LECTURE VIANEX

15.30-16.00 BREAK

16.00-17.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: **Doumas M.** (Thessaloniki, Greece), **Stabouli S.** (Thessaloniki)

Hypertension and renal outcomes in T2D Clinical Trials

Antza X. (Thessaloniki, Greece)

SGLT2 inhibitors effect on blood pressure

Filippatos T. (Heraklion Crete, Greece)

Commentators: **Siomos K.** (Thessaloniki, Greece), **Mikoudi K.** (Thessaloniki, Greece), **Tentzeris I.** (Greece), **Mantelos D.** (Tripoli) **Skoutas D.** (Thessaloniki, Greece), **Vasilakou D.**

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**Antithrombotic treatment in patients with atrial fibrillation and renal
disease**

Savvari P. (Athens, Greece)

Commentators: **Natsis M.** (Thessaloniki), **Katsoulas T.**, **Kopelia M.**

**17.00-18.00 ROUND TABLE: TREATMENT OF DIABETES MELLITES
AND HYPERTENSION**

Chairman: **Kotsis V.** (Thessaloniki, Greece)

Treatment of diabetes mellitus during pregnancy

Goulis D. (Thessaloniki, Greece)

**Diabetic peripheral neuropathy: the effect of glycaemic control in T1DM
vs. T2DM**

Papanas N. (Thessaloniki, Greece)

A patient with masked uncontrolled hypertension

Parati G. (Milan, Italy)

Commentators: **Anagnostis P.** (Thessaloniki, Greece), **Siani A.** (Greece),

Goulopoulou S.

18.00-19.00 BREAK

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19.00-21.00 MEDICINE IN REAL LIFE (Greek session)

**Education of patients in the prevention of the cardiovascular disease in a
meta-COVID era: the role of press**

**Kotsis V. (Thessaloniki, Greece), Papaioannou N., Stylianidis S.,
Anastasiadis K. and journalists**

AWARDS FROM WG

- 1. Tsioufis K.**
- 2. Siasios G.**
- 3. Filiotis S.**
- 4. Mancia G.**
- 5. Tryfon G.**

21.00 GALLA DINNER

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SPONSORED SATELLITE LECTURES

Friday 6 May

12.00-12.45 SPONSORED SATELLITE LECTURE PERRIGO

**Συμπληρώματα Διατροφής για την Αντιμετώπιση της
Υπερχοληστερολαιμίας που δεν περιέχουν μονακολίνη**

Προεδρείο:

Εισηγητής: **Κώτσης Β.**

12.45-13.30 SPONSORED SATELLITE LECTURE ASTRA ZENECA

**Η νέα προοπτική στην προστασία των ασθενών με υψηλό
καρδιαγγειακό και νεφρικό κίνδυνο με ή χωρίς ΣΔτ2**

Προεδρείο: **Κώτσης Β.**

Εισηγητής: **Σαββόπουλος Χ.**

13.30-14.15 SPONSORED SATELLITE LECTURE VIATRIS

**Συνδυασμοί αντιυπερτασικών Φαρμάκων στην καθημερινή κλινική
Πράξη**

Προεδρείο: **Σαββόπουλος Χ.**

Εισηγητής: **Κώτσης Β.**

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Saturday 7 May

13.00-13.45 SPONSORED SATELLITE LECTURE MENARINI

**Η αντιμετώπιση του υπερτασικού ασθενούς. Καθημερινοί
προβληματισμοί στην κλινική πράξη**

Προεδρείο: Κώτσης Β.

Εισηγητής: Παπαδόπουλος Ν.

13.45-14.30 SPONSORED SATELLITE LECTURE BOEHRINGER

**Καρδιο-νήφρο-μεταβολική θεραπευτική προσέγγιση στο Διαβήτη
τύπου 2". Από την ευγλυκαιμία έως την προστασία οργάνων**

Προεδρείο: Κώτσης Β.

Εισηγητής: Παπάνας Ν.

14.30-15.30 SPONSORED SATELLITE LECTURE VIANEX

**Ο ΡΟΛΟΣ ΤΗΣ ΣΥΝΔΥΑΣΜΕΝΗΣ ΥΠΟΛΙΠΙΔΑΙΜΙΚΗΣ ΑΓΩΓΗΣ ΣΤΗ
ΠΡΟΛΗΨΗ ΤΩΝ ΚΑΡΔΙΑΓΓΕΙΑΚΩΝ ΕΠΕΙΣΟΔΙΩΝ- ΣΥΖΗΤΗΣΗ
ΚΛΙΝΙΚΩΝ ΠΕΡΙΣΤΑΤΙΚΩΝ**

Συντονιστής: Κώτσης Β.

Εισαγωγή – Καρδιαγγειακός κίνδυνος και υπολιπιδαιμική αγωγή

Εισηγητής: Κώτσης Β.

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**Ασθενής με εγκαταστημένη καρδιαγγειακή νόσο
Εισηγητής: Παπαδόπουλος Χ.**

**Ασθενής με Σακχαρώδη Διαβήτη χωρίς εγκατεστημένη
Καρδιαγγειακή Νόσο
Εισηγητής: Σαββόπουλος Χ.**

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FACULTY

Dr. Anagnostis Panagiotis, PhD, MSc, FRSPH, Endocrinologist, Division of Endocrinology, Police Medical Centre of Thessaloniki, Research Fellow, Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynecology, Medical School, Aristotle University of Thessaloniki, (Greece)

Anastasiadis K., MD, PhD, FETCS, FCCP, Professor of Cardiac Surgery, Aristotle University of Thessaloniki, Greece, Head of Cardiothoracic Dept, AHEPA University Hospital, Thessaloniki, Head of the School of Medicine, Aristotle University of Thessaloniki, Greece

Dr. Antza Christina, MSc(Res), PhD, Resident at 3rd Department of Internal Medicine, Papageorgiou Hospital, Aristotle University of Thessaloniki, (Greece)

Prof. Apostolopoulou Martha, Pathologist, (Thessaloniki, Greece)

Azizi Michel, MD, PhD, Université Paris Cité Head, Hypertension Department, ESH Excellence Center, Head, Inserm-APHP, Clinical Investigation Center 1418

Boletis Ioannis,

Prof. Borghi Claudio, Professor of Medicine Department of Medical and Surgical Sciences, University of Bologna

Bougiouka Paraskevi-Maria,

Brguljan J., Assist.prof. MD, PhD, Medical Director, University Medical Centre Ljubljana, Department of Hypertension, Medical University Ljubljana

Prof. Coca Antonio, EFESC Professor of Medicine. University of Barcelona, Spain, Executive Officer of the European Society of Hypertension

Prof. Doumas Michael, Associate Professor, Internal Medicine

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***Dounousi Evaggelia**, Nephrology, Faculty of Medicine, School of Health Sciences, University of Ioannina Head of Nephrology Dept, University Hospital of Ioannina University Campus*

***Prof. Filippatos Theodosios**, MD, MSc, PhD, Assistant Professor of Internal Medicine, Department of Internal Medicine, University Hospital of Heraklion, (Greece)*

***Ganotopoulou Asimina**,*

***Georgianos Panagiotis**, Nephrologist, Academic Fellow, Section of Nephrology and Hypertension, 1st Department of Medicine, AHEPA University Hospital of Thessaloniki, Thessaloniki, Greece*

***Prof. Goulis Dimitrios G.**, MD, PhD, Professor in Reproductive Endocrinology Medical School Aristotle University of Thessaloniki, Unit of Reproductive Endocrinology, First Department of Obstetrics & Gynecology, Papageorgiou General Hospital, Thessaloniki, Greece*

***Goulopoulou Sofia**, Resident doctor, Department of Endocrinology Hippokration General Hospital, Thessaloniki, Greece*

***Prof. Grassi Guido**, Professor of Medicine, University milano Bicocca, Milan, Italy*

***Prof. Haffner Dieter**, Professor and Chairman, Assistant President of the ESPN, Department of Pediatric Kidney, Liver and Metabolic Diseases, Children's Hospital, Hannover Medical School*

***Prof. Hatziagelaki Erifili**, Associate Professor of Internal Medicine & Metabolic Diseases, 2nd Dept. of Internal Medicine, Research Institute & Diabetes Center, University Hospital "Attikon", Medical School, National and Kapodistrian University of Athens, (Greece)*

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*Prof. Heagerty Antony, Professor of Medicine, Vice-Dean & Head, School of
Medical Sciences, The University of Manchester*

Januszewicz Andrzej,

*Prof. Jelakovic Bojan, Department of Nephrology, Hypertension, Dialysis and
Transplantation, School of Medicine University of Zagreb, Officer-at-large,
European Society of Hypertension Excellence Centres Programme, (Zagreb,
Croatia)*

*Prof. Kaiafa Georgia, Assistant Professor of Hematology, 1st Propedeutic Dept.
of Internal Medicine, Aristotle University of Thessaloniki, AHEPA University
Hospital, (Thessaloniki, Greece)*

*Prof. Kontakiotis Theodoros, Professor of Pulmonology, Aristotle University
of Thessaloniki, Head of the Pulmonary-Tuberculosis Department "G.
Papanikolaou" General Hospital, (Thessaloniki, Greece)*

Koutsonasios I.,

*Prof. Dr. Kreutz Reinhold, Institute of Clinical Pharmacology and Toxicology,
Charité - University Medicine Berlin, President of European Society of
Hypertension, (Berlin, Germany)*

*Prof. Kypreos Kyriakos, Professor of Pharmacology, Chairman of
Pharmacology Laboratory, University of Patras, School of Health Sciences,
Department of Medicine, Pharmacology Laboratory Panepistimioupolis, (Patra,
Greece)*

*Prof. Liakopoulos Vasileios, MD, PhD, Associate Professor of Nephrology
Division of Nephrology and Hypertension, 1st Department of Internal Medicine
Medical School Aristotle University of Thessaloniki*

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*Leivaditis K., Head Nephrologist Nephroxenia Dialysis Center Chalkidiki,
Greece*

*Prof. Lovic Dragan, FESC, FACP, Clinic for Internal disease Intermedica
Cardiology department, Hypertensive Centre Singidunum University, School of
Medicine*

Lysitsas Nikolaos,

*Prof. Makaritsis Konstantinos P., MD, PhD, Associate Professor of Internal
Medicine, University of Thessaly Medical School Department of Medicine,
University Hospital of Larissa, (Larissa, Greece)*

*Prof. Manolis Athanasios J., Director, Department of Cardiology,
"Asklepeion" General Hospital, Athens, (Greece)*

*Marinaki Smaragdi, Assistant Professor of Nephrology Clinic of Nephrology
and Renal Transplantation, NKUA, Medical School of Athens, Laiko Hospital,
Greece*

Markoglou Nikolaos,

Miari Foteini,

Nika Thomai, MD, MSc, PhD, Pediatrician, Greece

Prof. Nilsson Peter M., Lund University, (Malmo, Sweden)

*Prof. Ntaios Georgios, Assistant Professor of Internal Medicine, Department of
Internal Medicine, University of Thessaly. Secretary General, Hellenic Stroke
Organization. (Greece)*

Panagiotidou Evaggelia,

*Dr. Panagos Christos, MD, ESH member, Pathologist, excellence in lipidology
(Volos, Greece)*

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***Prof. Papagianni Aikaterini**, MD, PhD, FERA, Professor of Nephrology,
Aristotle University of Thessaloniki Director, University Department of
Nephrology General Hospital "Hippokratia", Thessaloniki Greece*

***Papadakis Ioannis**, Internist - Clinical Hypertension Specialist EHS
Head of Hypertension Unit of the Department of Internal Medicine (ESH
Excellence Centre), University Hospital of Heraklion, Heraklion, Greece*

***Papadopoulos Nikolaos**,*

***Papadopoulos Christodoulos**,*

***Papaioannou Nikolaos**, Rector Aristotle University of Thessaloniki, Greece*

***Prof. Papakosta Despoina**, MD, MSc, PhD, Professor of Pneumology -
Lung Immunology Head of Pulmonary Department, Aristotle University of
Thessaloniki*

***Prof. Papanas Nikos**, Professor Internal Medicine-Diabetes, Alexandroupolis,
Greece*

***Prof. Parati Gianfranco**, MD, FESC, Professor of Cardiovascular Medicine,
Department of Medicine and Surgery, University of Milano-Bicocca, Scientific
Director and Head of Department of Cardiovascular Neural and Metabolic
Sciences, San Luca Hospital, Istituto Auxologico Italiano, IRCCS, (Milan, Italy)*

***Prof. Pataka Athanasia**, Assistant Professor of Respiratory Medicine, Aristotle
University of Thessaloniki, Respiratory Failure Unit, G. Papanikolaou Hospital,
Thessaloniki, (Greece)*

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***Prof. Papazoglou Dimitrios**, Professor of Internal Medicine, Medical School,
Democritus University of Thrace, Director of Second Department of Internal
Medicine, University Hospital of Alexandroupolis, (Greece)*

***Persu Alexandre**, MD-PhD, Cardiology Department, Cliniques Universitaires
Saint-Luc, Brussels, Belgium*

***Pikilidou Maria**,*

***Prof. Redon Jose**, Prof. of Medicine, Emeritus Researcher INCLIVA Research
Institute University of Valencia Spain*

***Roumeliotis Stefanos**, M.D, PhD, Nephrologist, Academic Fellow in
Nephrology Division of Nephrology and Hypertension, 1st Department of
Medicine, AHEPA Hospital, Aristotle University of Thessaloniki, Greece*

***Sakkas Dimitrios**,*

***Prof. Savopoulos Christos G.**, Professor of Internal Medicine, 1st Medical
Propedeutic Department of Internal Medicine, Stroke Unit, Aristotles University
of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)*

***Savvari Paraskevi**, Internist, First Dept Internal Medicine Henry Dunant
Medical Center Associate*

***Sfikas Georgios**, MD PhD, Colonel (HA), Consultant in Internal Medicine
Chief of Lipid and Atherosclerosis Department 424 General Military Hospital of
Thessaloniki Greece*

***Dr. Siani Alexandra**, MD, M.Sc., Director of Department of Internal Medicine
and Diabetic Clinic, General Hospital of Athens "Elpis", (Athens, Greece)*

***Siomos Kyros**,*

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***Spyratos Dionysios**, Assistant Professor of Respiratory Medicine, Pulmonary
Department of Aristotle University of Thessaloniki, G. Papanikolaou Hospital,
Exohi, Thessaloniki, Greece*

***Dr. Skoutas Dimitrios**, MD, PhD Internal Medicine Physician -Specialist in
Diabetes Mellitus , Scientific Director < Sarafianos> Private Hospital, Head of
Pathological Sector of Rehabilitation Center <Anagennisi> (Thessaloniki, Greece)*

***Prof. Stabouli Stella**, Associate Professor Pediatric Nephrology, 1st
Department of Pediatrics, Aristotle University (Thessaloniki, Greece)*

***Stylianidis S.**, Professor, Vice Rector for Research & Lifelong Learning Aristotle
University of Thessaloniki, Greece*

Dr. Tentzeris Ioannis

***Prof. Trakatelli Christina**, MD, PhD, Assistant Professor of Internal Medicine,
3rd Department of Internal Medicine, Aristotle University, Thessaloniki, (Greece)*

***Prof. Tsioufis Konstantinos**, Professor of Cardiology, Director of First
Department of Cardiology, National and Kapodistrian University of Athens,
Hippokration Hospital, Greece*

***Vaios V.**, Nephrologist, Division of Nephrology and Hypertension 1st
Department of Medicine, AHEPA Hospital, Aristotle University of Thessaloniki,
Greece*

***Vasilakou Despoina**, MD, MSc, Clinical nutrition specialist, Internal medicine
consultant, 2nd Medical Department, Aristotle University of Thessaloniki,
Ippokratia Hospital, (Greece)*

***Vassilikos Vassileios**, MD, FACC, FESC, Professor in Cardiology Director,
3rd Cardiology Department, Aristotle University of Thessaloniki*

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Vasileiou Aikaterini,

***Weber Thomas, MD, Associate Professor, Deputy Director, Cardiology
Department, Klinikum Wels-Grieskirchen, Wels, Austria***

Zarifis Ioannis,

***Zimlichman Reuven, Director of the Brunner Institute for Cardiovascular
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