

Official satellite symposium of the Athens 2022 ESH hypertension meeting

5-7 May 2022 - Chalkidiki, Greece Blue Lagoon Princess Hotel

For further information please visit
Site: www.wgdiabetes-esh.com
Or send an e-mail to: obdiabwg@medcongress.gr



MED CONGRESS

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Dear friends,

We welcome you to the 2022 Meeting on Cardiometabolic Diseases, Obesity and Diabetes. WG on Diabetes and Metabolic Risk Factors, European Society Hypertension.

Chalkidiki is the perfect place to get together, explore the new horizons in our specialty, and expand our knowledge. Every year we ask ourselves 'Can we make it better?', and we believe that this year we have reached new heights. In addition to the usual suspects, we have recruited in the organizing team new blood. Specialists in Obesity, Diabetes and Hypertension, will present up to-date knowledge about diagnosis – prevention and treatment.

We shall be able to convey new and established fact, but, above all, a way of approaching clinical problems which will allow all of us to come back from this experience enriched. There will be also round tables and various interesting lectures. Everyone who will participate, will get 1 out of 6 credits so they can claim to become specialists in hypertension from the ESH.

Take the opportunity to participate in 2022 Meeting on Cardiometabolic Diseases, Obesity and Diabetes. WG on Diabetes and Metabolic Risk Factors, European Society Hypertension, discuss with experts in a friendly environment and enjoy the Greek Nature in a beautiful seaside setting.

Best regards,
Prof. VASILIOS KOTSIS
Chairman of the Working Group
on Diabetes and Metabolic Risk Factors,
EUROPEAN SOCIETY HYPERTENSION



THURSDAY MAY 5

13.00-14.00 REGISTRATIONS

14.00-15.00 ROUND TABLE: NEW INVESTIGATOR PRESENT ON DIABETES

Chair: *Siani A.* (Athens, Greece)

Epidemiology of DM, recent findings and future

Bougiouka P.M. (Athens, Greece)

DM1 treatment, present and future

Sakkas D. (Athens, Greece)

DM2 treatment, present and future

Ganotopoulou A. (Athens, Greece)

15.00-16.30 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: *Papazoglou D.* (Alexandroupolis, Greece)

Diabetes treatment in obesity: The role of GLP1-RA

Hatziagelaki E. (Athens, Greece)

Commentators: Kourtoglou G. (Thessaloniki, Greece), Siomos K.

(Thessaloniki, Greece), *Bougiouka P.M.* (Athens, Greece)

Type 2 diabetes and heart failure

Trakatelli C. (Thessaloniki, Greece)

Commentators: Sakkas D. (Athens, Greece), Vasileiou A. (Thessaloniki,

Greece). *Koutsongsios I.* (Trikala, Greece)

16.30-18.00 ROUND TABLE: RESPIRATORY SYSTEM AND CVD

Chairman: Papakosta D. (Thessaloniki, Greece), Kontakiotis T.

(Thessaloniki, Greece)

Obstructive Sleep apnea and cardiovascular system

Pataka A. (Thessaloniki, Greece)

Commentators: *Gavriilidou A.* (Thessaloniki, Greece)

COVID-19 and Lung Cancer

Spyratos D. (Thessaloniki, Greece)

Commentators: *Panagiotidou E.* (Thessaloniki, Greece)

FRIDAY 6 MAY

10.00-11.00 ROUND TABLE: HOW TO TREAT?

Chairman: *Kypreos K.* (Patra, Greece)

A 67-yr-old hypertensive lady had a brain CT because of frequent headaches, which showed chronic signs of small vessel disease: should I treat with antiplatelets?

Ntaios G. (Larissa, Greece)

A 58-year patient with obesity, dyslipidemia and fatty liver disease **Sfikas G.** (Thessaloniki, Greece)

A patient with CKD and atrial fibrillation

Zarifis I. (Thessaloniki, Greece)

Possible prothrombotic causes of stroke in a 75-year-old patient with stroke

Kaiafa G. (Thessaloniki, Greece)

Kypreos K. (Patra, Greece)

Commentators: *Papadakis I.* (Heraklion, Greece)

11.00-12.00 ROUND TABLE: HOW TO TREAT?

Chairman: **Savopoulos C.** (Thessaloniki, Greece)

A 70 year old hypertensive after acute stroke *Makaritsis K.* (Larissa, Greece)

HDL cholesterol levels: critical player or irrelevant bystander?

Commentators: *Pikilidou M.* (Thessaloniki, Greece), *Markoglou N.* (Thessaloniki, Greece), *Apostolopoulou M.* (Thessaloniki, Greece)

12.00-12.45 SPONSORED SATELLITE LECTURE PERRIGO Perrigo

12.45-13.30 SPONSORED SATELLITE LECTURE ASTRA ZENECA AstraZeneca

14.15-15.00 BREAK

15.00-16.00 ROUND TABLE: HYPERTENSIVE AND DIABETIC NEPHROPATHY
Chairman: *Boletis I.* (Athens, Greece), Papagianni A. (Thessaloniki, Greece)

Slowing the progression of Diabetic Kidney Disease Liakopoulos V. (Thessaloniki, Greece)

Understanding the Bone Origins and Bone Effects: The Tale of FGF23 Haffner D. (Hannover, Germany)

Dietary protein intake and risk for end stage kidney disease in non dialysis CKD patients

Dounousi E. (Ioannina, Greece)

Commentators: *Marinaki S.* (Athens, Greece), *Miari F.* (Kavala, Greece), *Roumeliotis S.* (Thessaloniki, Greece), *Georgianos P.* (Thessaloniki, Greece), *Vaios V.* (Thessaloniki, Greece), *Leivaditis K.* (Chalkidiki, Greece)

16.00-18.00 ROUND TABLE: HOW TO TREAT HYPERTENSION

Chairman: *Manolis A.* (Athens, Greece), *Tsioufis K.* (Athens, Greece)

New Pharmacologic approach to Resistant Hypertension *Redon J.* (Valencia, Spain)

SGLT- 2 as the first step in T2D therapeutic protocols? *Nilsson P.* (Malmo, Sweden)

A patient eligible for renal denervation Azizi M. (Paris, France)

A patient with CAD and Hypertension Grassi G. (Milan, Italy)

Can we reduce cardiovascular risk in a smoker not willing to quit smoking?

Zimlichman R. (Tel Aviv, Israel)

Can we treat a patient according to central BP? Heagerty A. (UK)

Commentators: Nika Th. (Greece), Gavriilidou I. (Greece)

SATURDAY 7 MAY

10.00-11.00 ROUND TABLE: CLINICAL TRIALS UPDATE

Chairman: Vassilikos V. (Thessaloniki, Greece)

Risk factors control beyond hypertension to reduce cardiovascular risk

Lovic D. (Nis, Serbia)

Central blood pressure and obesity- results from nationwide study in Croatia

Jelaković B. (Zagreb, Croatia)

Importance of wide view concept in treatment of hypertension

Brgulian J. (Ljubljana, Slovenia)

Commendators: *Lysitsas N.* (Greece), *Papadakis I.* (Heraklion, Greece)

11.00-13.00 **LECTURES**

Chair: Kotsis V. (Thessaloniki, Greece)

Combination based strategy for cardiovascular prevention in patients with hypertension

Coca A. (Barcelona, Spain)

Hypertension control, cardiovascular risk factors and diseases in the post covid era

Januszewicz A. (Warsaw, Poland)

RAS inhibition and COVID

Kreutz R. (Berlin, Germany)

How to treat a CKD patient with hyperuricemia **Borghi C.** (Bologna, Italy)

A patient with diabetes and increased arterial stiffness Weber T. (Gratz, Austria)

Renovascular hypertension

Persu A., (Brussels, Belgium)

Commentators: *Panagos Ch.* (Volos, Greece), *Markoglou N.* (Greece), *Papadakis I.* (Heraklion, Greece)

13.00-13.45 SPONSORED SATELLITE LECTURE MENARINI



13.45-14.30 SPONSORED SATELLITE LECTURE BOEHRINGER



14.30-15.30 SPONSORED SATELLITE LECTURE VIANEX ...



15.30-16.00 BREAK

16.00-17.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: **Doumas M.** (Thessaloniki, Greece), **Stabouli S.**

(Thessaloniki, Greece)

Hypertension and renal outcomes in T2D Clinical Trials

Antza X. (Thessaloniki, Greece)

SGLT2 inhibitors effect on blood pressure

Filippatos T. (Heraklion Crete, Greece)

Antithrombotic treatment in patients with atrial fibrillation and renal disease

Savvari P. (Athens, Greece)

Commentators: **Siomos K.** (Thessaloniki, Greece), **Mikoudi K.** (Thessaloniki, Greece), **Tentzeris I.** (Greece), **Vasilakou D.** (Thessaloniki, Greece)

17.00-18.00 ROUND TABLE: TREATMENT OF DIABETES MELLITES AND HYPERTENSION

Chairman: *Kotsis V.* (Thessaloniki, Greece)

Treatment of diabetes mellitus during pregnancy

Goulis D. (Thessaloniki, Greece)

Diabetic peripheral neuropathy: the effect of glycaemic control in T1DM vs. T2DM

Papanas N. (Thessaloniki, Greece)

A patient with masked uncontrolled hypertension

Parati G. (Milan, Italy)

Commentators: *Anagnostis P.* (Thessaloniki, Greece), *Siani A.* (Athens, Greece), *Goulopoulou S.* (Thessaloniki, Greece)

18.00-19.00 BREAK

19.00-21.00 MEDICINE IN REAL LIFE (Greek session)

Education of patients in the prevention of the cardiovascular disease in a meta-COVID era: the role of press

Kotsis V. (Thessaloniki, Greece), Papaioannou N., Stylianidis S., Anastasiadis K. and journalists

AWARDS FROM WG 1. Tsioufis K.

- 2. Siasios G.
- 3. Filiotis S.
- 4. Mancia G.
- 5. Tryfon G.

SPONSORED SATELLITE LECTURES ΛΟΡΥΦΟΡΙΚΕΣ ΛΙΑΛΕΤΕΙΣ

Friday 6 May

12.00-12.45 SPONSORED SATELLITE LECTURE PERRIGO

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12.45-13.30 SPONSORED SATELLITE LECTURE ASTRA ZENECA AstraZeneca 22



Η νέα προοπτική στην προστασία των ασθενών με υψηλό καρδιαγγειακό και νεφρικό κίνδυνο με ή χωρίς ΣΔτ2

Προεδρείο: Κώτσης Β. Εισηγητής: Σαββόπουλος Χ.

13.30-14.15 SPONSORED SATELLITE LECTURE VIATRIS



Συνδυασμοί αντιυπερτασικών Φαρμάκων στην καθημερινή κλινική Ποάξη

Προεδρείο: Σαββόπουλος Χ. Εισηγητής: Κώτσης Β.

Saturday 7 May

13.00-13.45 SPONSORED SATELLITE LECTURE MENARINI



Η αντιμετώπιση του υπερτασικού ασθενούς. Καθημερινοί προβληματισμοί στην κλινική πράξη

Προεδρείο: Κώτσης Β. Εισηγητής: Παπαδόπουλος Ν.

13.45-14.30 **SPONSORED SATELLITE LECTURE BOEHRINGER**



Καρδιο-νέφρο-μεταβολική θεραπευτική προσέγγιση στο Διαβήτη τύπου 2". Από την ευγλυκαιμία έως την προστασία οργάνων

Προεδρείο: Κώτσης Β. Εισηγητής: Παπάνας Ν.

14.30-15.30 SPONSORED SATELLITE SYMPOSIUM VIANEX

VIANEX S.A.

0 ρόλος της συνδυασμένης υπολιπιδαιμικής αγωγής στη πρόληψη των καρδιαγγειακών επεισοδίων- συζήτηση κλινικών περιστατικών Συντονιστής: *Κώτσης Β.*

Εισαγωγή – Καρδιαγγειακός κίνδυνος και υπολιπιδαιμική αγωγή Εισηγητής: *Κώτσης Β.*

Ασθενής με εγκαταστημένη καρδιαγγειακή νόσο

Εισηγητής: Παπαδόπουλος Χ.

Ασθενής με Σακχαρώδη Διαβήτη χωρίς εγκατεστημένη

Καρδιαγγειακή Νόσο

Εισηγητής: Σαββόπουλος Χ.

Certificate of attendance will be given to the participants that will attend more than 60% of the scientific program

FACULTY

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Κάτοχος της άδειας κυκλοφορίας: Bayer AG, 51368 Leverkusen, Γερμανία. Τοπικός αντιπρόσωπος του κατόχου αδείας κυκλοφορίας στην Ελλάδα: Bayer Ελλάς ABEE, Σωρού 18-20, 151 25 Μαρούσι. Τοπικός αντιπρόσωπος του κατόχου αδείας κυκλοφορίας στην Κύπρο: Novagem Ltd, Τηλ: 00357 22483858.

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Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή και Αναφέρετε ΟΛΕΣ τις ανεπιθύμητες ενέργειες για ΟΛΑ τα φάρμακα Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»