



RESPIRATORY RESEARCH SOCIETY UNIVERSITY OF CRETE

4th

SHARE CONGRESS

Science in Heraklion
Awareness in Respiratory
and Sleep Evolution

27 - 30 June 2024

IBIS STYLES HERAKLION CENTRAL
HERAKLION CRETE

ΠΡΟΓΡΑΜΜΑ- ΕΓΓΡΑΦΕΣ



Under the auspices of



SCHOOL OF MEDICINE
UNIVERSITY OF CRETE



ΙΑΤΡΙΚΟΣ
ΣΥΛΛΟΓΟΣ
ΗΡΑΚΛΕΙΟΥ



ΠΑΝΕΠΙΣΤΗΜΙΟ ΚΡΗΤΗΣ
UNIVERSITY OF CRETE



MED CONGRESS
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THURSDAY 27 JUNE 2024

11.00 – 12.00 REGISTRATIONS

12.00 – 14.00 WORKSHOP IN NIV FOR SBD IN RESPIRATORY AND NEUROMUSCULAR DISEASES

Chairs: *E. Kondili, C. Mermigkis, K. Vlami, P. Steiropoulos*

- Which sleep study based on patient SBD, *C. Mermigkis*
- The importance of F/U protocols to enhance treatment adherence intergrading digital health, *V. Moniaki, E. Mauroudi*
- Practical workshop: 40 min (round table hands on), *K. Vlami*

14.00 – 14.30 BREAK

14.30 – 16.30

Chairs: *A. Konstantinidis, C. Alexopoulou, A. Proklou, E. Paraskakis*

- PaP or NIV in OVS, *M. Fanaridis*
- Indications and modes of PaP/NIV for OHS, *P. Steiropoulos*
- The dark side of PaP/NIV in CSA, *C. Mermigkis*
- When, how and which NIV for patients with neuromuscular and CWD diseases, *M. Bolaki*
- Sleep in the ICU, difficulties and dilemmas, *C. Alexopoulou*

16.30 -17.00 COFFEE BREAK

17.00 – 20.00 THE ROLE OF IMAGING IN RESPIRATORY MEDICINE: CASE BASED DISCUSSIONS

Chairs: *Z. Daniil, D. Papakosta, G. Margaritopoulos, F. Manali, M. Liapikou*

- What the pulmonologists should know about systemic diseases - Case based lecture, *A. - M. Hoffmann – Vold*
- Cases presentations based on CT and biopsy/ BAL, *V. Poletti, M L. Bocchino, C. Ravaglia*
- Difficult to treat infections, *A. Matthaïou*
- Lung Cancer Cases: the role of PET, *G. Chardavella*
- Sarcoidosis: difficult cases, *C. Rampiadou*
- MRI in chest Imaging: advance in knowledge and limitations, *S. Piciucchi*

Discussants: *ML. Bocchino, S. Piciucchi, G. Bertsias, S. Koukouraki*

20:00 – 21:00

Keynote Lectures

Chairs: **N. Tzanakis, V. Poletti**

- ERS Guidelines in Rare Diseases: **F. Manali**
- A1 antiphrypsin Registries in Europe: **S. Papiris**
- Post covid Fibrosis: novel insights, **M. - L. Bocchino**

FRIDAY 28 JUNE 2024

09.00 -11.00 COPD

Chairs: **G. Hillas, S. Schiza, T. Vasilakopoulos**

- Targeting inhaled corticosteroids: Novel data, **A. Mathioudakis**
- COPD Management: from treatable traits to biologics, **K. Kostikas (virtually)**
- Treatable traits in COPD exacerbations, **A. Corlateanu**
- The role of PaP/NIV treatment in COPD patients with SBD, what the RWD showing, **P. Steiropoulos**
- Inhaled versus systemic corticosteroids for acute exacerbations of COPD, **S. Tryfon**

11.00 – 11.30 PRO-CON HOT TOPIC IN COPD

Biologics in COPD: Prime time

Chair: **N. Tzanakis, N. Siafakas**

PRO: A. Mathioudakis

CON: G. Hillas

11.30 – 13.00 SEVERE ASTHMA AND BEYOND

Chairs: **M. Prokopakis, K. Antoniou, K. Porpodis**

- United Airway diseases: From Allergic rhinitis to asthma, **A. Yorgancioglu**
- Novel non invasive diagnostic tools in Asthma, **N. Bizymi**
- Severe asthma mechanisms – Therapeutic targets, **P. Bakakos**
- Nasal polyps and biologics: do they work? **A. Karatzanis**
- Novel biologics in Severe Asthma: how we choose? **A. Papaioannou**

13.00 – 14.00 LECTURES: CARDIOVASCULAR CONSEQUENCES OF SBD AND BEYOND

Chairs: **S. Schiza, A. Pataka**

- Challenges and perspectives in the implementation of the ERS guidelines for non-CPAP treatments of OSA, **W. Randerath (virtually)**

Chairs: **A. Simonds, N. Siafakas**

- Adaptive responses to chronic intermittent hypoxia, **M. Bonsignore**

14.00 – 14.45 WORKSHOP RESMED

14.45 – 15.30 COFFEE BREAK / LIGHT LUNCH

15.30 – 17.00 LUNG CANCER AND BEYOND

Chairs: **I. Lambiri, K. Karagiannis**

- The National Plan in Lung Cancer, **G. Chardavella**
- IPF and lung Cancer: The ERS Statement: **A. Tzouvelekis**
- EBUS-TBNA for diagnosis of pulmonary tumors, **S. Gasparini**
- Radiotherapy and ILD, **M. Tolia**

17.00 – 17.30 STATELLITE LECTURE PFIZER

17.30 - 18.30 PATIENT CENTERNENCE IN RESPIRATORY MEDICINE

Chairs: **S. Panagiotopoulos, A. Messaritaki, C. Lionis, M. Kousis**

- Clinical nursing specialism and patient-centered care, **A. Sajnic**
- OSA in people with sarcoidosis: better understanding and insidious comorbidity, **F. Martone**
- The role of palliative care in chronic diseases, **S. Anifantaki**

18.30 – 19.30 ILDS AND BEYOND

Chairs: **K. Antoniou, P. Sidiropoulos**

- Pathological /pathogenetic -Radiologic correlations in ILDs on the basis of cryo biopsy, **V. Poletti, S. Piciucchi**
- CTD-ILDs Guidelines: a clinical or research need? **A. - M. Hoffmann – Vold**
- Hypersensitivity Pneumonitis: diagnostic dilemmas, **A. Morais**
- Hypersensitivity Pneumonitis: treatment advances, **D. Calaras**

19.30 -20.00 SATELLITE LECTURE GUIDOTTI

20.00 – 21.00

Chairs: **K. Antoniou, E. Simantirakis, S. Schiza, N. Siafakas**

Key note lectures

- The importance of 24h evaluation of Hypertension in Respiratory diseases and beyond, **G. Parati**
- Sarcoidosis in 2024; novel advances, **C. Ravaglia**
- Treatment decisions in Cardiac Sarcoidosis, **A. Wells**

21.00 OPENING CEREMONY

Chairs: **N. Tzanakis, S. Schiza, K. Antoniou, A. Wells**

Special Lectures

Meaningful Endpoints for Idiopathic Pulmonary Fibrosis (IPF) Clinical Trials: Emphasis on Feels, Functions, Survives

Speaker: **G. Raghu** (*Virtually*)

Bioethics in Precision Medicine: current challenges and dilemmas

Speaker: **A. Wells**

SATURDAY 29 JUNE 2024

08.00 – 10.30 RESPIRATORY MEDICINE: TRANSLATIONAL RESEARCH

Chairs: **S. Schiza, K. Antoniou, A. Tzouveleakis**

- Circadian rhythm and the lungs: novel insights, **E. Tsitoura**
- Pathophysiological consequences of Circadian misalignment promoted by SBD, **M. Sanchez de la Torre**
- Leukocyte telomere length: the dawn of a new era of personalized medicine in fibrotic interstitial lung diseases? **E. Vasarmidi**
- Circadian misalignment and cancer in patients with OSA: time matters? **A. Pataka**
- It's all about matrix: proteoglycans in lung fibrotic diseases **D. Nikitovic**
- Air pollution and IPF: Novel advances, **A. Trachalaki**
- The increasing role of Molecular histopathology in the diagnostic procedures of Severe Asthma, **K. Domvri**

10.30 – 11.00 SATELLITE LECTURE CHIESI

11.00 – 11.30 SATELLITE LECTURE MENARINI

11.30 -12.30 SATELLITE SYMPOSIUM MENARINI

12.30 – 14.00 SLEEP AND BEYOND LECTURES & DEBATE

Chairs: **A. Pataka, K. Vlami, S. Schiza**

- How OSA can lead to vascular injury, **C. Lombardi**
- OSA and CVD: Its importance for patients' risk stratification, **G. Parati**
- PaP treatment adherence connected to outcomes, **M. Sanchez de la Torre**

Lecture

Chair: **M. Bonsignore, P. Steiropoulos**

- Challenges and new pathways in home ventilation, **A. Simonds**

14.00 – 15.00 HOT TOPICS

Chairs: *S. Loukides, N. Rovina*

- Post Covid Syndrome: the ERS Statement, *C. Ravaglia*
- Lung Health Checks, is it necessary? *A. Yorgancioglu*

15.00 – 17.00 BREAK

17.00 – 18.00 THE ART OF RESPIRATORY PHYSIOLOGY AROUND THE CLOCK

Chairs: *S. Schiza, K. Antoniou, E. Paraskakis*

- SBD and PH, *I. Mitrouska*
- Oscillometry from wakefulness to sleep, *D. Toumpanakis*
- The role of high altitude in breathing, *C. Lombardi*

18.00 – 18.30 NOVEL ADVANCES IN PREVENTION AND MANAGEMENT OF RESPIRATORY INFECTIONS

Chairs: *P. Katsaounou, G. Pitsidianakis, A. Dimakou*

- Novel therapeutic advances in bronchiectasis, *E. Fouka*
- Vaccination Strategies in Respiratory Medicine, *M. Liapikou*

18.30 – 19.30 SATELLITE SYMPOSIUM BOEHRINGER

19.30 – 20.00 SATELLITE LECTURE GSK

20.00 – 20.30 SATELLITE LECTURE ASTRA ZENECA

20.30 – 21.00 SATELLITE LECTURE ASTRA ZENECA

SUNDAY 30 JUNE 2024

09.00 – 10.30 WHY TO CHOOSE RESPIRATORY MEDICINE: THE EUROPEAN APPROACH

- The Hellenic Thoracic Society's view, *S. Loukides*
- The National Portuguese Society's programme, *A. Morais*
- Navigating the Greek Medical Landscape: Choosing a High-Quality Specialty, *K. Pitsikakis*

10.30 – 11.30 PRIMARY CARE AND RESPIRATORY MEDICINE

- Airway diseases and Climate change, *I. Tsiligianni*
- Quality of life in ILDs, *M. Symvoulakis*
- The role of Vit D and B12 in sleep disorders, *I. Bouloukaki*

11.30 – 12.00 THE ROLE OF DIFFUSION CAPACITY IN THE DIAGNOSIS OF RESPIRATORY AND VASCULAR DISEASES

Chairs: ***N. Tzanakis, A. Wells***

Speaker: ***D. Toumpanakis***

12:00 – 12:30 INFLAMMATORY MYOPATHIES AND THE LUNG: NOVEL DATA

Chairs: ***A. - M. Hoffmann – Vold, K. Antoniou***

Speaker: ***V. Tzilas***

12.30 – 14.30 CLINICAL CASES

Chairs: ***E. Bibaki, M. Fanaridis, C. Ravaglia***

Presenters: ***V. Stamatopoulou, E. Foteinaki, C. Ermidou, G. Stathakis, S. Viziriannaki, K. Symvoulaki, A. Bakakos***

Discussants: ***A. Wells, V. Poletti, A. - M. Hoffmann – Vold, S. Piciucchi, S. Detorakis, C. Skiadas***